When the lights go down, a voice of strength rises.

STRONG Enough

Choosing Courage, Resilience, and Triumph

In her powerful keynote, Anne Grady demonstrates what it takes to find courage and resilience when life knocks you down.

“Anne’s presentation was the highlight of our conference! People are still talking about it!”
—Comcast

“I walked away from Anne’s presentation with new skills, new tools, and a plan to use them!”
—Dell

“Anne’s wit and candor are refreshing, and her message is one I will never forget.”
—Omni Hotels & Resorts
Overcoming unimaginable adversity, Anne shares a message that says we are all STRONG ENOUGH—touching the hearts and minds of employees, global leaders and audiences around the world. Anne shares a formula for success with attendees hungering to know:

How to find courage to battle on and win
How to build unstoppable resilience when you’ve been knocked down
How to triumph over career, life, and relationship challenges

At her TEDx Talk before 1,500 people, Anne brought the audience to a standing and cheering ovation. She will do the same for your next event.

Anne Grady will give you step-by-step strategies for career success and practical tools guaranteed to overcome the toughest situations life has to offer.

Anne is a two-time TEDx Speaker and has been featured in the Harvard Business Review, CNN, FOX Business, Inc. Magazine, and numerous television and radio shows.

Anne works with Fortune 100 and 500 Companies like DELL, New York Life, Boston Consulting Group, State Farm, and Omni Hotels, to name a few. And she’s funny!

Anne Grady has been dubbed by media and meeting planners as a speaker who is “authentic”, “highly energetic and entertaining” and a catalyst for “transformative thinking and lasting behavior change”.

She is the best-selling author of

**STRONG Enough**
Choosing Courage, Resilience and Triumph

and **52 Strategies for LIFE, LOVE & WORK**

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**Book Anne Grady for your next conference and receive FIVE-STAR reviews!**

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