

## **KNOW YOUR STYLE!**

Identify your basic communication style by completing the inventory on the next page.

## **GETTING STARTED**

- 1 In each box, circle the words that best describe your personality. Circle any word that feels "right." In other words, don't think too hard!
- To score, count the number of words you circled and write that number on the line. Then, transfer the corresponding Behavior Styles to the spaces below.
- To obtain a more complete assessment of your basic communication style, have one or more people who know you well complete an inventory about you. Be sure to ask someone you can trust to be objective.



## **COMMUNICATION STYLE INVENTORY**

ANALYTICAL	EXPRESSIVE	DRIVER	AMIABLE
Problem Solver	Enthusiastic	Goal Driven	Sympathetic
Factual	Fun Loving	Independent	Calm
Consistent	Enjoys Popularity	Action Oriented	Sensitive
Accurate	Intuitive	Purposeful	Nurturing
Perfectionist	Initiator	Serious	Cooperative
Cautious	Creative	Bold	Personal
Scheduled	Optimistic	Efficient	Respectful
Conscientious	Inspirational	Strong Willed	Quiet
Organized	Spontaneous	Take Charge	Flexible
Orderly	Likes Variety	Seeks Power	Loyal
Precise	Motivator	Persistent	Adaptable
Methodical	Energetic	Industrious	Tolerant
Logical	Group Oriented	Controlling	Patient
Impersonal	Outgoing	Self-Reliant	Good Listener
Detailed	Excitable	Productive	Enjoys Routine
Inquisitive	Extraverted	Firm	Thoughtful
Critical	Seeks Recognition	Risk Taker	Indecisive
Process Oriented	Disorganized	Ambitious	Passive
Reserved	Emotional	Competitive	Introverted
Disciplined	Informal	Decisive	Easy Going
Total:	Total:	Total:	Total:

Primary Style: \_\_\_\_\_

Backup Style: \_\_\_\_\_